

Additional resources - Tom Faure, FASNY

This article summarizes some key points and is a quick read:

<https://www.nytimes.com/2012/03/18/opinion/sunday/the-benefits-of-bilingualism.html>

This piece summarizes some confirmations of theory by fMRI and other imaging studies:

<https://www.dana.org/article/the-cognitive-benefits-of-being-bilingual/>

A meta-study on cognitive correlates:

<https://www.albany.edu/~mm924921/Adesope%20et%20al.pdf> (nb: there are also some studies that question the link between executive function correlating with bilingualism, but - and I'm not a scientist - the critical tide seems to sway toward there being a positive relationship, if the number of meta-studies are to be believed - they also confirm our experience)

An article I've seen cited in a number of places:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4341987/>

This is a one-page *Nature* explanation of brain plasticity:

<https://www.nature.com/articles/431757a.pdf>

Separately, this piece comments on the statistic cited in the webinar that only 20% of U.S. students study a foreign language:

<https://www.pewresearch.org/fact-tank/2018/08/06/most-european-students-are-learning-a-foreign-language-in-school-while-americans-lag/>